

Be All In!

Be **All In!** It's my personal philosophy on living a fulfilling life. It's a mindset and an every-day approach to be at your best for each relationship, each project, and each activity that you care about. I'll help you be **All In!** to optimize your individual and organizational performance, so you experience better business outcomes and increased personal fulfillment. Work with me and we'll use my **All In! Checklist** so you always feel **All In!**

How I Help you

- Executive Coaching
- Leadership Development Workshops
- Team Meeting and Retreat Facilitation
- ✓ Strategic Planning

- ✓ Personality Assessments
- √ 360-Degree Assessments
- Self-Care and Stress
 Management Support
- Keynotes and Speaking Engagements

About Ali

I am an ICF-certified executive coach who is passionate about supporting individuals to be better leaders without sacrificing their self-care. I am a senior executive in the non-profit sector, a professor of human behavior, a dynamic trainer and facilitator, and an author with more than 20 years of success leading teams and organizations.

Client Feedback: "Ali helped me..."

"Be less self-critical."

"Improve how well I take care of myself."

"See things from a different perspective."

"Better navigate challenging situations."

"Improve relationships with my team members."

"Increase my confidence at work and home."

*From 2021 - 2022 client surveys





